

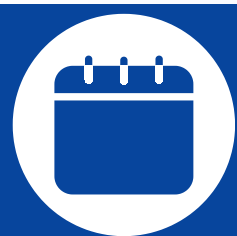


Social Planning Council of Peel

THRIVE: VOLUNTEERS FOR COMMUNITY HARMONY WORKSHOP SERIES

Join us for an upcoming workshop on

Self Awareness and Self Regulation



Saturday
November 29, 2025



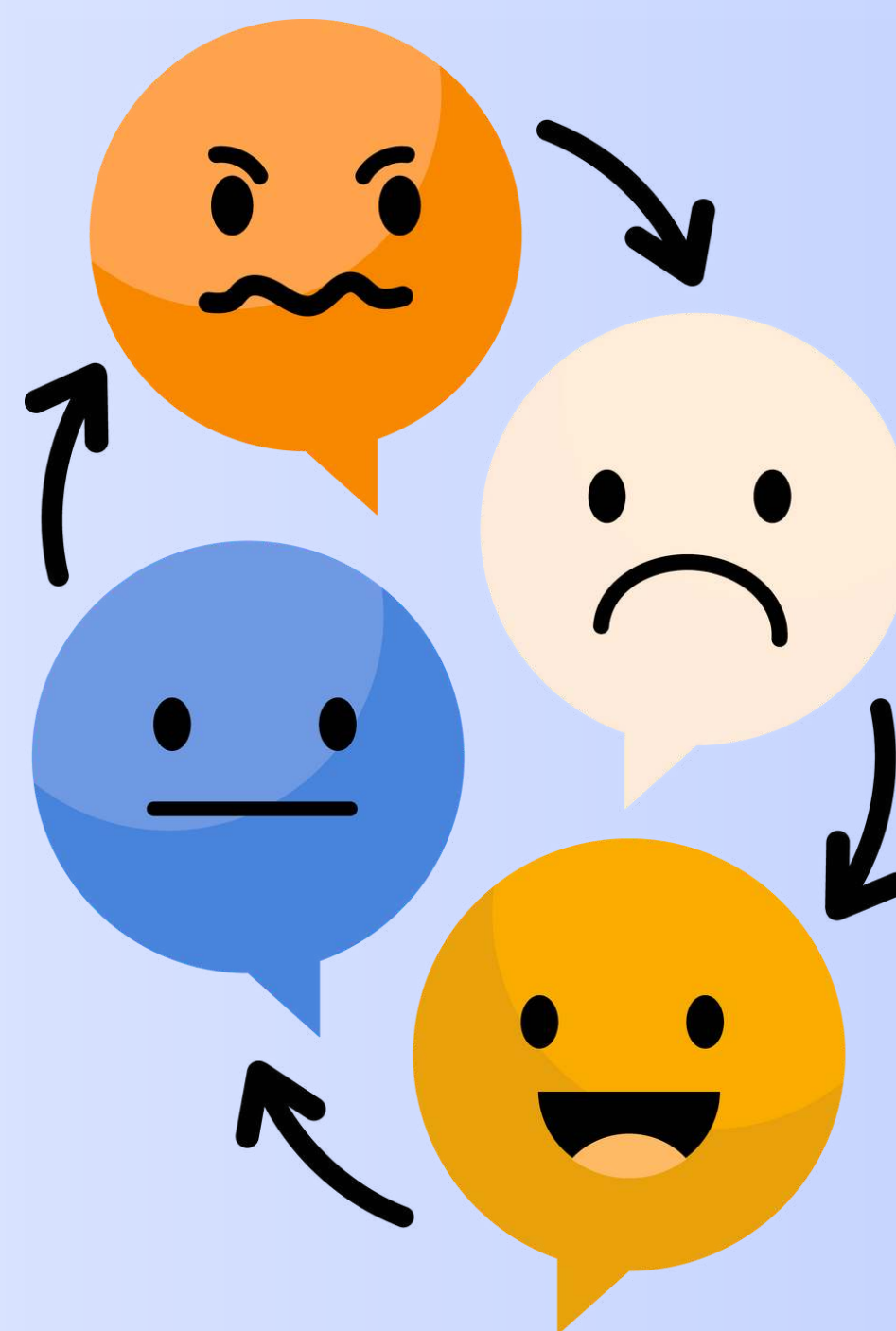
2:00 PM - 5:00 PM
In Person



communityharmonyouth@spcpeel.com



Sheridan college
7899 McLaughlin Rd, Brampton, ON L6Y 5H9
Room C217 (paralegal Courtroom)



Facilitator:
Thanuja Thananayagam



Register
Now to
Join!



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